



Our School Services Program

Relate Counseling Center is a nonprofit community-based mental health center. We strive to be at the forefront of identifying needs in the community and providing the best possible care at the lowest cost. We exist to meet the needs of our community and our mission is to provide high-quality, culturally responsive, and inclusive mental health services to our community. For this reason, we partner with the state of Minnesota and 8 West Metro school districts to provide co-located services in the schools to serve students who otherwise would not have access to our services. Relate currently has clinicians working in more than 50 schools across eight districts. This involves a close working relationship with school staff who identify students with unmet needs and then refer those students and their families to the Relate School Services clinician. School-based mental health services eliminate barriers and help Relate reach hundreds of youths and families whose needs may otherwise have gone unmet.

As part of our School Services work, we wanted to share about the work that our School Services Therapy does in the summer as a way of offering community-based, preventative social-emotional learning for elementary-aged students. Continue reading to learn more about our program, Camp Emoji!



Camp Emoji Summer 2024

Relate Counseling Center is proud to offer Camp Emoji for the Summer of 2024!

Camp Emoji is a 4-day, 3-hour social-emotional camp for elementary-aged kids that is designed to help students learn about, manage, and identify emotions. This program began in the summer of 2022 and each year we've been proud to be able to increase our offerings of Camp Emoji. This program is free to students grades kindergarten to 5th grade within 5 of our local school district partners and our community at large from our Eden Prairie Outpatient Office.

Each week, campers spend time together in community building, psychoeducation on 4 different emotions: sadness, joy, fear, and anger, and learning and practicing and building coping skills. The camp incorporates art, music, physical activity, quiet reflection, and social skill practice. We partner with camper's parents by sending them information regarding what their child has learned throughout their week at Camp Emoji as a way to encourage them to practice their skills and knowledge at home! This program continues to gain popularity and often has a waitlist to participate!

"Thank you SO,SO much for offering this free camp! It is so helpful to my seven-year-old daughter who can go from 0-100 in about 5 seconds. She looked forward to each camp each day and could tell us some strategies that she learned. The best part is, she is actually using them willingly in our home. This is helpful not only to my child but the rest of our family living with her!!

Thank you! Please keep this program going"

- Parent of past Camper

[Click here to learn more about or register for Camp Emoji!](#)



coming to the following community education programs:



to register visit www.relatemn.org/services/campemoji

[Click here to sponsor Camp Emoji!](#)

Meet our Staff!

Meet Jess White! She is our School District Manager, and, in this role, she has played a vital role in the success of our relationships with our school district partners. She does this through working in conjunction with our School Services Clinical Director, supporting our District Coordinator team, supervising School Services Therapists, and serving as a School Services Therapist. As part of her work, she helps with grant and contract-related management to maintain the continued success of our School Services program! Jess has been integral to the success of Camp Emoji and has been heavily involved with the success of this year's camp. Thanks for all you do for Relate, Jess!



Meet Our Staff:
Jess White *she/her*

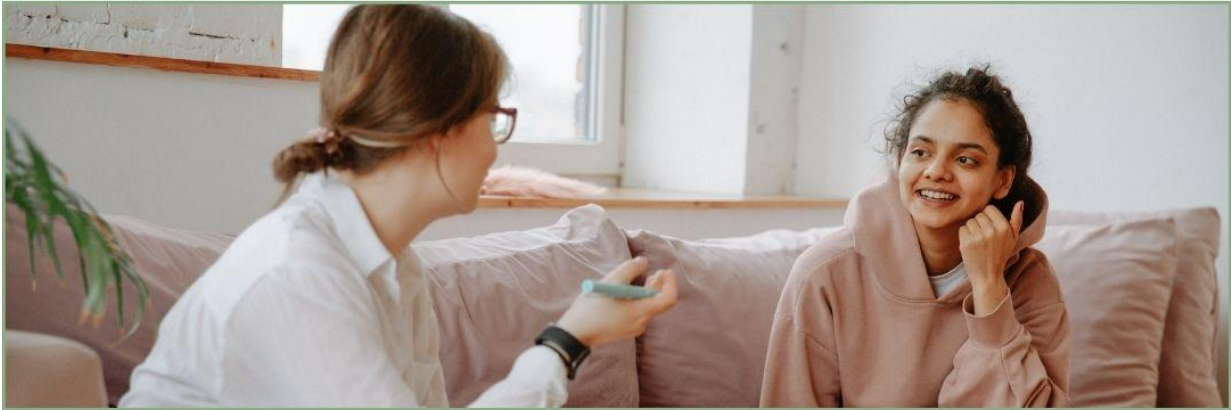
- School District Manager
- She collaborates with partnering districts on program need and capacity, works with School Clinical Director on contracts and grants, and provides support to district coordinators and school staff.
- **Fun fact:** She has a Husky/German Shepherd/Pitbull mix named Gryffin!



Get started with Office Services!

Our office-based services have immediate **daytime** openings for in-person or telehealth services for all ages! If you know someone who could benefit from our support, they can use [this link](#) to submit an appointment request, scan the QR code in the image below, or call us at 952-932-7277.

Relate: *To make or show a connection between; identify with.*



"I've finally found a therapist who gets me. I've never made such progress and felt so heard. I feel supported and challenged. I can't recommend her enough."



- 🌻 Relate has immediate daytime therapy openings.
- 🌻 Please visit www.relatemn.org or scan the QR code to request an appointment today!



[Click here to request an appointment!](#)

[Click here to make a referral!](#)

Let's connect!

@relatecounselingcenter

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