

Crisis Resources

Emergency Operator

Phone: 911

Suicide and Crisis Lifeline

Phone: 988 - call or text

Website: <https://988lifeline.org>

SAMHSA's Disaster Distress Helpline

Phone: 1-800-985-5990
(TTY: 1-800-846-8517)

Website: <https://www.samhsa.gov/find-help/disaster-distress-helpline>

*Text "TalkWithUs" to 66746.

24/7 Crisis Text Line

Phone: 741741

Website: <https://www.crisistextline.org/>

*Text "HOME" to reach a volunteer Crisis Counselor.

The Trevor Project (LGBTQIA+ Specific)

Phone: 1-866-488-7386

Website: <https://www.thetrevorproject.org/>

*Text "START" to 678678.

Carver County Mental Health Crisis Team

Phone: 952-442-7601

Website:

<https://www.co.carver.mn.us/departments/health-human-services/mental-health/24-7-crisis-mental-health>

**24/7 Mobile and telephone crisis response services in Carver County for both adults and children.*

Hennepin County Mobile Crisis Team

Phone: 612-596-1223

Outside of Hennepin County: 274747

Website: <https://www.co.carver.mn.us/departments/health-human-services/mental-health/24-7-crisis-mental-health>

**24/7 Mobile and telephone crisis response services in Hennepin County for both adults and children.*

Higher Levels of Care

Rogers Behavioral Health

Phone: 763-318-2800

Website: <https://rogersbh.org/>

- Outpatient clinical services
- Partial Hospitalization Programs
- Intensive Outpatient Care

Locations in Eden Prairie and Woodbury

Washburn Center

Phone: 612-871-1454

Website: <https://washburn.org/>

- Outpatient clinical services
- Crisis stabilization
- Intensive therapeutic groups
- Home and community based services

Locations in Minneapolis, Brooklyn Park, and Edina

PrairieCare

Phone: 952-826-8475

Website: <https://www.prairie-care.com/>

- Psychiatric care for all ages
- Outpatient clinical services
- Intensive outpatient programs
- Partial/Inpatient hospitalization programs
- Residential services

Locations throughout the Twin Cities: Brooklyn Park, Chaska, Edina, Maple Grove, Maplewood, Woodbury, Waconia, Mankato, and Rochester

Fairview/M Health Fairview Hospitals

Phone: 1-855-324-7843

Website:
<https://mhealthfairview.org/categories/Mental-Health-and-Addiction-Care>

- Mental health and addiction care
- Emergency services & partial hospitalization programs
- Inpatient/Outpatient clinical services
- Residential programs / Day treatment programs
- Community-based support and advocacy groups

Locations includes Edina, Minneapolis, Burnsville, Eagan, Eden Prairie, Bloomington, & more!

Higher Levels of Care

Allina/Abbott Northwestern Hospital

Phone: 866-603-0016

Website:

<https://account.allinahealth.org/servicelines/826#services>

- Mental health and addiction care
- Inpatient/outpatient clinical services
- Partial hospitalization programs
- Rehabilitation services
- Day treatment programs
- and crisis assessments

Locations include Plymouth, Minneapolis, Eagan, Richfield, Shakopee, and more!

Associated Clinic of Psychology

Phone: 612-925-6033

Website: <https://acp-mn.com>

- Outpatient clinical services
- DBT therapy programs
- Group counseling
- Psychological testing
- Medication management services
- Psychiatry
- Medication Assisted Treatment (MAT)
- & more!

Locations include Minneapolis, Apple Valley, St. Paul, West Metro, and Brooklyn Center

Fraser

Phone: 612-767-7222

Website: <https://www.fraser.org/>

- Intersection *Provides services that intersects care for intellectual and developmental disabilities with treatment of mental health issues through individual/family/group therapy, school-based services, day treatment, adult rehabilitation services, foster care and adoption support, and more.

Locations include Richfield and Fraser School, Bloomington, Coon Rapids, Eagan, Minneapolis, and Woodbury.

Parent-Child/Family Services

Sonders Behavioral Health & Wellness

Phone: 952-999-6097

Website: <https://www.sonderwellness.com/>

With clinics in Medina and Minnetonka, Sonder offers individual therapy, medication management, transcranial magnetic stimulation (TMS), couples/relationship therapy, family therapy, and evaluations/assessments.

Park Nicollet Child & Family Behavioral Health Center

Phone: 612-370-5400

Website:

<https://www.healthpartners.com/care/find/location/clinics/park-nicollet/st-louis-park-3800/child-family-behavioral-health/>

Provides services and programs to support children and families with developmental and behavioral needs.

Family Attachment and Counseling Center

Phone: 952-475-2818

Website: <https://www.familyattachment.com/>

Provides services and programs to promote growth and healthy functioning of individuals and families. Services include Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), neurological reorganization, Dialectical Behavioral Therapy (DBT), Family Attachment Narrative Therapy, and social groups.

Located in Chaska

Relate Counseling Center (Outpatient Service)

Phone: 952-932-7277

Website: <https://www.relatemn.org>

Provides mental health and chemical health services which include assessments, individual/family/group therapy, and psychiatric medication management.

Locations include Minnetonka and Eden Prairie.

Psychological Testing and Support

ADHD Life Tools

Phone: 612-708-0149

Website: <https://adhdlifetools.com/>

Provides services to help individuals and families manage ADHD including consultations and coaching.

Center for Behavior and Learning

Phone: 952-236-6188

Website: <https://www.centerforbehaviorandlearning.com/>

Neuropsych evaluations for ADHD, ASD, Learning Disorders, Developmental Delays

Located in Minnetonka, MN

Healthwise Behavioral Health & Wellness

Phone: 763-400-7828

Website: <https://www.behavioralhealthmn.com/>

Provides psychological and psychiatric services to offer personalized treatment and care for individuals including individual/family/group therapy, testing and evaluations, and medication management.

Locations include Maple Grove, Plymouth, and White Bear Lake.

GoldFinch

Phone: 952-236-1267

Website: <https://www.goldfinchnbs.com/>

Neuropsych evaluations for learning disabilities, attention problems, social difficulties, emotional problems, behavioral difficulties

Located in Eden Prairie

Generalized Outpatient Care

Lorenz Clinic

Phone: 952-443-4600

Website: <https://lorenzclinic.com/>

Provides weekly services aimed at assessing and treating mental health issues through triaging client needs, selecting effective treatments, and collaborating with community resources for higher needs.

Locations include Victoria, Chaska, Prior Lake, Rosemount, Wayzata, and Glencoe.

Relate Counseling Center (Outpatient Service)

Phone: 952-932-7277

Website: <https://www.relatemn.org>

Provides mental health and chemical health services which include assessments, individual/family/group therapy, and psychiatric medication management.

Locations include Minnetonka and Eden Prairie.

Choices Psychotherapy

Phone: 952-544-6806

Website: <https://choicespsychotherapy.net/>

Offers range of mental health therapy/psychotherapy services covering a wide spectrum of mental health issues.

Locations include Minnetonka, Chanhassen, and Bloomington.

Lighthouse Counseling

Phone: 855-454-2463

Website: <https://www.lighthousecounseling.com/>

Provides mental health services to help individuals find purpose, hope, and success in personal lives and relationships through counseling.

Locations include Hutchinson, Waconia, Willmar, Litchfield, St. Cloud, Shakopee, and Wayzata.

First Street Center Mental Health Services

Phone: 952-442-4437

Website: <https://www.co.carver.mn.us/departments/health-human-services/mental-health/first-street-center-mental-health>

Provides quality mental health services including crisis mental health services, mental and chemical health assessments, outpatient therapy and psychiatry, case management services, and resource referrals.

Locations include Waconia and Chaska.

Case Management/County Support - Carver

Carver County Health and Human Services

Phone: 952-361-1600

Website:

<https://www.co.carver.mn.us/departments/health-human-services/child-family/children-s-mental-health>

Make a referral for Children's Mental Health Case Management Services.

Carver County Home & Community-Based Care

Phone: 952-361-1999

Website:

<https://www.co.carver.mn.us/departments/health-human-services/home-community-based-care>

Programs and services for specific age groups and specific types of disabilities.

Carver County Truancy Intake

Phone: 952-361-1600

Website:

<https://www.co.carver.mn.us/departments/health-human-services/child-family/child-welfare/truancy>

Health and Human Services work with schools in communities to intervene when school attendance becomes a struggle.

Carver County Parent Support Outreach Program (PSOP)

Phone: 952-361-1600

Website:

<https://www.co.carver.mn.us/departments/health-human-services/child-family/child-welfare/parent-support-outreach-program-psop>

Connects parents to assistance and support to handle different types of challenges and to improve parenting.

Child Protection

Phone: 952-361-1600

Website:

<https://www.co.carver.mn.us/departments/health-human-services/child-family/child-protection>

Responds to situations where children are maltreated and helps support families to provide safe care for children.

Call 911 if there is an emergency.

Carver County Chemical Health Program

Phone: 952-361-1600

Website:

<https://www.co.carver.mn.us/departments/health-human-services/child-family/preventative-supports>

Provides information on alcohol/chemical dependency, diagnostic assessments and evaluations, treatment referral services, and individual/family counseling on chemical use and abuse.