



Play Heals Training Series

Sponsored by Relate Counseling Center

APT Approved Provider #21-654



<p>Phase 1</p> <p>46 hours instruction 75 hours direct play experience (*2-3 client play hours a week) 8 hours ind. supervision 2 hours group supervision 1 observation 5 hours play history 23 hours Play Theories 11 hours skills/methods 5 hours special topics 2 hours cultural and social diversity</p>	Trimester 1- 2022			
	Week 1	11am-1pm	Aug 22 th	Orientation
	Week 2	11am-12pm	Aug 29 th	History of Play Therapy
	Week 3	11am-1pm	Sept 12 th	
	Week 4	11am-1pm	Sept 19 th	
	Week 5	11am-1pm	Sept 26 th	Neurobiology of Play
	Week 6	11am-1pm	Oct 3 rd	
	Week 7	11am-12pm	Oct 10 th	Foundations of Child Centered Play Therapy
	Week 8	11am-1pm	Oct 17 th	
	Week 9	11am-1pm	Oct 24 th	
	Week 10	11am-1pm	Nov 7 th	
	Week 11	11am-12pm	Nov 14 th	Group Supervision *Playroom Tour/Thrifting Trip
	Week 12	11am-12pm	Nov 14 th	Foundations of Directive Play Therapy
	Week 13	11am-1pm	Dec 5 th	
	Week 14	11am-1pm	Dec 12 th	
	Week 15	11am-1pm	Jan 9 th	
	Trimester 2- 2022-2023			
	Week 16	11am-12pm	Jan 30 th	Foundations of Adlerian Play Therapy
	Week 17	8:30am-3:30pm	Feb 6 th	Foundations of Adlerian with Erica Wassenaar
	Week 18	11am-1pm	Feb 13 th	
	Week 19	11am-1pm	Feb 20 th	
	Week 20	1-3hrs	Feb 27 th	Makeup Day
	Week 21	11am-1pm	Mar 6 th	Use of Sand Tray in Play Therapy
	Week 22	11am-12pm	Mar 13 th	
	Week 23	11am-1pm	Mar 20 th	
	Week 24	11am-12pm	Mar 27 th	Group Supervision
	Week 25	11am-1pm	Apr 3 rd	Assessment and Documentation in Play Therapy
	Week 26	11am-12pm	Apr 17 th	
	Week 27	11am-1pm	Apr 24 th	
	Week 28	11am-2pm	May 1 st	Legal and Ethical Issues in Play Therapy
Week 29	11am-1pm	May 8 th	Cultural Humility in Play	
Week 30	11am-1pm	May 15 th		



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<p>Phase 2 62 hours instruction 150 hours direct play experience (*4-5 client play hours a week) 11 hours ind. supervision 3 hours group supervision 2 observations 25 hours Play Theories 25 hours skills/methods 10 hours special topics 3 hours cultural and social diversity</p>	Trimester 3- 2023			
	Week 31	11am-1pm	May 22 nd	Partnering with Parents in Play
	Week 32	11am-1pm	Jun 5 th	
	Week 33	11am-1pm	Jun 12 th	School Based Play Therapy Part 1
	Week 34	11am-12pm	Jun 26 th	Looking Beyond Behavioral Symptoms in Play
	Week 35	11am-1pm	Jul 10 th	
	Week 36	11am-1pm	Jul 24 th	
	Week 37	11am-12pm	Jul 31 st	Group Supervision
	Week 38	TBD- 6hrs	TBD	MN Play Therapy Conference
	Week 39	11am-1pm	Aug 7 th	Play Therapy with Adoption and Permanency Part 1
	Week 40	11am-1pm	Aug 14 th	
	Week 41	11am-1pm	Aug 21 st	
	Week 42	TBD 3hrs	Aug 28 th	Playmore and Prosper
	Week 43	11am-1pm	Sep 11 th	Self-Care for the Play Therapist
	Week 44	11am-12pm	Sept 18 th	
	Week 45	11am-12pm	Sep 25 th	Reflective Group Supervision
	Week 46	11am-1pm	Oct 2 nd	Intro to Experiential Play Therapy
	Week 47	11am-1pm	Oct 16 th	Telehealth and Play Therapy
	Week 48	11am-1pm	Oct 23 rd	
	Trimester 4- 2023-2024			
	Week 49	3hrs	Oct 30 th	Transsensitive Play Therapy Webinar
	Week 50	11am-1pm	Nov 6 th	Trauma Focused Play Therapy Part 1
	Week 51	11am-1pm	Nov 13 th	
	Week 52	11am-1pm	Dec 4 th	
	Week 53	11am-1pm	Dec 11 th	
	Week 54	11am-12pm	Jan 8 th	Makeup Day
	Week 55	1-3hrs	Jan 22 nd	
	Week 56	11am-2pm	Jan 29 th	Alexis Greeves- Intro to Theraplay
Week 57	11am-12pm	Feb 5 th	Group Supervision	
Week 58	11am-1pm	Feb 12 th	Play Therapy with Children Under 6	
Week 59	11am-1pm	Feb 19 th	Aggression in the Playroom	
Week 60	11am-1pm	Feb 26 th		
Week 61	11am-1pm	Mar 4 th	School Based Play Therapy Part 2	
Week 62	11am-1pm	Mar 11 th	Play Therapy with Family Systems	
Week 63	11am-12pm	Mar 18 th		
Week 64	11am-1pm	Mar 25 th		



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<p>Phase 3</p> <p>45 hours instruction 125 hours direct play experience (*6-7 client play hours a week) 10 hours ind. supervision 2 hours group supervision 2 observations 10 hours Play Theories 18 hours skills/methods 16 hours special topics 1 hour cultural and social diversity</p>	Trimester 5- 2024			
	Week 65	11am-1pm	Apr 8 th	Addressing Self-Harm, Suicidal Ideation and High-Risk Behaviors in Play Therapy
	Week 66	11am-12pm	Apr 15 th	Incorporating Mindfulness into Play Therapy
	Week 67	3 hours	Apr 22 nd	Webinar 1
	Week 68	11am-1pm	Apr 29 th	Play Therapy with Adoption and Permanency Part 2
	Week 69	11am-1pm	May 6 th	
	Week 70	11am-1pm	May 13 th	Healing Racial Trauma Through Play
	Week 71	11am-1pm	Jun 3 rd	
	Week 72	11am-1pm	Jun 17 th	
	Week 73	11am-12pm	Jun 24 th	Group Supervision
	Week 74	TBD 3hrs	Jul 8 th	Playmore and Prosper
	Week 75	11am-1pm	Jul 15 th	Superhero's and Pop culture in Play Therapy
	Trimester 6- 2024			
	Week 76	11am-1pm	Jul 22 nd	Webinar 2
	Week 77	3 hours	Jul 29 th	Group Play Therapy
	Week 78	11am-2pm	Aug 5 th	Play in Non-Traditional Settings
	Week 79	TBD 6hrs	TBD	MN Play Therapy Conference
	Week 80	2 hours	Aug 12 th	Webinar 3
	Week 81	11am-12pm	Aug 19 th	Group Supervision
	Week 82	11am-1pm	Aug 26 th	Trauma Focused Play Therapy Part 2
	Week 83	11am-1pm	Sept 9 th	
	Week 84	11am-1pm	Sept 16 th	
	Week 85	11am-1pm	Sept 23 rd	Favorite Play Therapy Techniques
	Week 86	11am-1pm	Sept 30 th	RPT Applications and Potluck!