

# Transitioning to College Virtual Support Group

**WHEN:** Tuesday evenings  
June 8th - August 10th  
(skipping July 6th)  
from 5-6:30 PM

**WHO:** Anyone who  
will be starting  
college in Fall 2021

**HOW:** For questions or to  
register, please email  
Rebecca Enders, MA  
at [renders@relatemn.org](mailto:renders@relatemn.org)



Leaving for college is a transition that can trigger many emotions. In this group, the focus will be on connecting with peers who are going through this transition alongside you. We will spend the summer discussing feelings about going to college and leaving high school, and ways to prepare for the changes to come. This group is open to all gender identities and is billable to insurance. We will be meeting over Zoom; a secure, stable internet connection is required.



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