



## Crisis Resource List

*IF YOU OR SOMEONE YOU KNOW IS IN CRISIS AND IN NEED OF IMMEDIATE ASSISTANCE, THE FOLLOWING RESOURCES CAN HELP:*

### **County Crisis Teams:**

Anoka: 763-755-3801

Carver: 952-442-7601

Dakota: 952-891-7171

Hennepin: Adult 612-596-1223, Child 612-348-2233

Ramsey: 651-266-7878

Scott: 952-818-3702

**National Suicide Prevention Lifeline:** 1-800-273-TALK (8255)

**Crisis Text Line:** Text "MN" to 741741