

Mental Health Day on the Hill 2016

Thursday, March 31st

***Please note the Location Change**

Show your support for people living with mental illnesses and their families at **Mental Health Day on the Hill 2016!**

Legislators will be making important decisions this session that will impact the lives of people living with mental illnesses and their families and they need to hear from you.

Join us and make your voice heard!



10 a.m. – 12:00 p.m.

Informational Briefing & Rally

**Cedar Street Armory – 600 Cedar Street, St. Paul*

12:30 p.m. – 2:30 p.m.

Visit with your State Legislators:

(Call your legislators' offices to make an appointment ahead of time)

3:00 p.m.

Bus pick-up

**Cedar Street Armory – 600 Cedar Street, St. Paul*

Free bus rides available to and from the capitol; please check the NAMI Minnesota website (www.namihelps.org) for more information and how to reserve a seat.

*Sponsored by the **Mental Health Legislative Network (MHLN)** –
A coalition of 37 organizations dedicated to improving the quality and expanding the
availability of mental health services in Minnesota.*

For more information visit:

www.namihelps.org or www.mentalhealthmn.org